

RACE RULES FOR RUNNERS

1. The Organisation:

FAMARA TOTAL 2017 is organised by the Ayuntamiento de Teguiuse.

2. Race inscription:

- The inscription period will be opened through www.famaratotal.com, soon enough for all the interested people to get registered.
- The inscription will be correctly done only if it has been made under the guidelines established by the Organisation.
- Each participant must correctly fill in his personal data. These data will be checked by the Organisation at the BIB number withdrawal.
- Participants have 15 days before the race to apply for a change of modality, as well as for transferring the place to another runner. After this date no change can be done.
- If before the inscription deadline all places are covered, the Organisation is able to close the procedure relating to this matter. A waiting list period will be opened in order to cover some possible losses.
- Each runner has to fill in and sign the disclaimer form established by the Organisation. This formality is essential for participating in the race.
- Those participants not meeting these requirements will not take part in the event.
- Inscription fee (before August 20th, 2017):
 - o 42km: 30€
 - o 28km: 20€
 - o 14km: 15€
 - o 7km: 10€
 - o 7km (hiking): 5€
- No inscriptions will be allowed the day of the race.
- If once registered the participant decides not to take part in the race, the inscription fee will not be returned.
- The Organisation has the right of accepting or not any participant for taking part in the race.

- Each participant, or his/her legal representative, must sign in the rules of the Organisation, as well as the different aspects in terms of regulation included in the inscription form.

3. PARTICIPATION REQUIREMENTS:

- 42km modality: being older than 18 years old.
- 28km modality: being older than 18 years old.
- 14km modality: being older than 18 years old.
- 7km modality: being older than 14 years old (at the time of the race) and having the parent's authorization.
- Children under 14 years old must be accompanied by an adult in the hiking modality.
- Knowing and accepting the conditions of this event.
- Correctly follow the enrolment steps.

4. THE INSCRIPTION IN FAMARA TOTAL 2017 INCLUDES:

- Participating in the race.
- Liquid and solid provisioning (14km, 28km and 42km modality).
- Liquid provisioning (7km and hiking modality).
- Provisioning at the finish area.
- Medical, security and emergency assistance during the race, defined by the Organisation.
- Liability and accident insurance.
- A sign-posted tour.
- Physiotherapy service at the finish area for participants in 28km and 42km modality.
- Food after the race.
- Personalised BIB number.
- Chip timekeeping.
- Concert.

5. BIB NUMBER WITHDRAWAL

- The BIB number will be withdrawn at the place, date and time established by the Organisation. It is essential to show the ID card or passport.

- To withdraw another person's BIB number, the authorization (download on the website) must be signed. A copy of the ID card of the owner of the BIB number must also be submitted.
- Without these requirements another person's BIB number will not be withdrawn.

6. MATERIALS AND EQUIPMENT.

- All participants must carry with all the necessary materials for the race (water, isotonic drinks, food, gel, first-aid kit). The participant cannot drop waste during the route. The participants infringing upon the environment and local flora and fauna will be automatically disqualified and will assume the legal consequences of their behaviour.
- Proper clothing and footwear.
- Walking sticks are not allowed.

7. MATERIAL'S SUPERVISION AND PROVISIONING:

- During check-in, once participants arrive to the start area, the Organisation will control the BIB numbers and materials, which cannot be moved. If a participant does not respect this statement, he/she will be disqualified.
- All participants will have their own BIB number, that has to be visible from the start to the end of the race, on the torso or hold with tape at waist level.
- The material used may be supervised in all controls by the Organisation. The manipulation or change of the BIB number may result in immediate disqualification.
- It is strictly forbidden to receive help or provisioning during the race from any person, participant or not, with the exception of those arranged points established by the Organisation in the information meeting.
- Aid can be received, according to the previous point, all within a 100m radius before and after the arranged points.
- The BIB number cannot be manipulated (cut, decoration, stickers).

8. CATEGORIES:

- Male and female:
 - o Junior category: 14, 15, 16 and 17 years old (7km)
- Male and female:

- Promises category: from 18 to 23 years old.
- Senior category: from 24 to 29 years old.
- Master 30: from 30 years old.
- Master 40: from 40 years old.
- Master 50: from 50 years old.
- Master 60: from 60 years old.

9. PRIZES

	42km modality	29.3km modality	14km modality	7km modality
1st	300,00€	200,00 €	150,00 €	100,00 €
2nd	250,00 €	150,00 €	100,00 €	50,00 €
3rd	200,00 €	100,000€	50,00 €	25,00 €

10. ATHLETE'S BEHAVIOUR

- The route in each modality is the same to all participants. If a participant comes out the established route, he/she will be automatically disqualified.
- The final time for each participant counts from the start line to the finish line arch.
- No person may receive external help from people external to the Organisation, either participant or public.
- Competitors must behave fairly at all times and be respectful with the rest of participants, judges, supervisors, controls and members of the Organisation.
- All participants may know and respect the REGULATION OF THE COMPETITION and accept the modifications the race committee may take due to causes outside its control, before and/or during the competition.
- A runner may leave the race if he/she wishes to do so, under these conditions:
 - He/she will retreat from the race in a control point and deliver the BIB number.
 - The competitor will assume all responsibilities since he/she voluntarily leaves the race or is disqualified.
- During the route, there will be several provisioning points, places where the runner may get some water, food, sunscreen, Vaseline...

11. SANCTIONS

Immediate disqualification:

- Not bringing assistance or not helping any participant that needs it.
- Not warning the emergency service about another participant's need.
- Getting support from the outside, except relief help.
- Not respecting the established route.
- Throwing waste to the environment.
- Not wearing the BIB number or cutting it.
- Not respecting, remove or changing the material's marks established by the Organisation.
- Making a false start twice.
- Replacing any obligatory material established by the Organisation.
- Starting a fire or provoking an incident (attacking or insulting a competitor, member of the organisation, member of the team or public).
- Voluntarily provoking an accident.

3 minutes' penalty or disqualification.

- Blocking an overtaking or voluntarily hinder another runner.
- Not wearing the materials required in each control.
- Not obeying the indications from the Organisation and arbitrators.

12. MODIFICATIONS

These rules may be corrected, modified or improved at any time by the Organisation, as well as any data, rule or statement for a better execution of the race. The fact of making the inscription shows the participant accepts these rules.

13. POSTPONEMENT, NEUTRALIZATION OR REDUCTION OF THE RACE.

The organisation may suspend, stop, neutralize or reduce at any time, due to extreme causes (climatology, accident...) that may compromise the security and physical integrity of the participants. In this case, the inscription fee will not be returned.

14. COMPLAINTS

Complaints will be made in writing and they must respect the following data:

- Name and Surname
 - ID number
 - BIB number
 - Facts alleged
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- The Organisation will put a point for its withdrawal, at the arrivals area, for the complaints.
 - Complaints will refer to the developing of the race since the time of arrival to the moment of the publication of the classifications.
 - Complaints referring to the classifications may be presented up to 30 minutes after their publication.

Date of the race: August 20th, 2017