## GUIDED OF GOOD PRACTICES FOR SPECTATORS AND FRIENDS



-Obey the environmental indications and recommendations given to you by the organisation during the event.



-You must also obey the indications given to you to stay in the starting line/finish line area, the urban centre or the lookouts authorised by the organisation.



-Stay in places that will not obstruct the participants, avoiding narrow areas so that you do not invade the spaces closer to the track in which plants can be found or that is used by the local fauna either as their home or as a transit area.



-Avoid uprooting plants or taking animals away from the area close to the track. We will be in a natural space declared a Protected Landscape and doing this will carry legal actions from the public administration competent in environmental legislation.



-Regardless of what means of transport you use, use the access roads already prepared to get to the tracks. Avoid driving through the fields and park your car in a place where it cannot damage the terrain or the local flora and that will not disturb the event as a whole.





- Also avoid walking through the fields in a way that could damage the terrain or the local biodiversity.



- We must take care of our environment. Remember not to leave any sort of rubbish around the area. If you need to get rid of any sort of waste, you can do so by using the bins that can be found in the starting line/finish line areas, the personal provisioning points for participants and the skips usually found in the urban areas through with the race will take place.



-Avoid causing noise, rising your voice or using sound devices (such as megaphones) in order not to disturb the fauna living near the place the event will take place in, especially local birds.

And remember: respecting the natural environment will keep it protected. Enjoy the lookouts recommended by the organisation.